

# 5. Final Thoughts

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As you progress through your journey, once you start changing your perception and start connecting the dots you will find out that you are really a multidimensional being, this means that you are energy as well as physical. But your core essence is more of an energetic nature.

As you discover your natural creative abilities there are virtually no limitation in what you can do, and one of the first things you are doing is to become aware of who you are so that you can take that understanding and create the change you want, manifest the reality that you wish to live consciously by choice, and not whatever comes by chance.

Once you have gathered a good background and have started to change your way of thinking you need but ask yourself a question:

What do I want?

The answer to that question will be your purpose and your goal, you may want many things or maybe just a couple, you may value certain material things but you may discover by now that you don't really need a lot of stuff, it is really all up to you. You may find that the smaller things which you did not value as much or spend energy and time with previously are the most valuable, the ones you now appreciate more.

You may wish to make a difference in the world and can therefore start to spread your new ideas and sharing some of your own knowledge and experience to help others.

Remember that a paradigm or "belief system" can change at any time, if it doesn't serve you anymore simply open up to new things, constantly learning more.

Remember that all truths are true, but it is up to you to choose someone else's truth, take only some of it and create your own truth, or create your own one entirely.

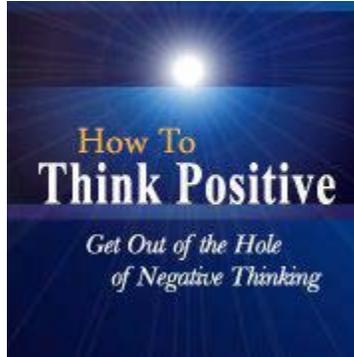
The reason we are here as living breathing sentient beings as I have determined, is to learn, grow and evolve our consciousness.

"Life may seem meaningless when you come here but it is YOU who gives it meaning".

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